



Risk Assessment

Location	Coppet Hall Beach, Saundersfoot SA69 9AJ
Lesson Type	Taster Session, SUP Safari and Equipment Hire
Assessment carried out by	Alain Defres
Number of Clients	Max. of 8 per group (max. of 6 per group for SUP Safari)
Assessment Date	12th of July 2016 / 15th of May 2017 / 27th of March 2018/ 23rd of June 2023

Benefits of activity against risk learning balance and trying a new sport

Nature of Risk	Who is at risk?	Example Causes	Response to Minimise Risk
Drowning	Instructors & All Participants/ Group Leaders	<ul style="list-style-type: none"> • Being close to the water without BA on and falling in. • Poor safety briefing. • Poor monitoring. • Equipment failure. 	<ul style="list-style-type: none"> • Awareness of weather conditions. • Effective safety briefing. • Water confidence test. • Equipment to be visually checked prior, during and after the activity. • BAs to be fitted correctly and worn near and on the water by everyone including instructors. • Always wear a leash • Rescue board available for equipment hire

			<ul style="list-style-type: none"> • additional support from RNLI
<p>First Aid Injuries E.g. Slips, Cuts, Head Injuries, strained backs</p>	Instructors & All Participants/ Group Leaders	<ul style="list-style-type: none"> • Contact with paddle, board, fin • Water confidence games • Lifting • falling on rocks 	<ul style="list-style-type: none"> • Instructor to provide health and safety briefing(s) to prevent injuries, including manual handling. • Helmets may be appropriate in certain circumstances. • Instructor to hold first aid qualification and carry first aid kit. • Any cuts or injuries will be dressed and reported to be included in the appropriate reporting system. • Rescue board available in case of hired equipment • Additional support from RNLI if needed or ring 999
<p>Difficulty controlling body temperature (Hyperthermia/Hypothermia)</p>	Instructors & All Participants/ Group Leaders	<ul style="list-style-type: none"> • Submersion. • Cold, wet days. • Hot, sunny day. 	<ul style="list-style-type: none"> • Wetsuits to be provided when appropriate • Appropriate group safety equipment to be carried – e.g. shelter, warmth, water etc.
<p>Floatation Equipment</p>	Instructors / Clients	<ul style="list-style-type: none"> • faulty equipment or use of equipment 	<ul style="list-style-type: none"> • Floatation aids will be adjusted and checked by the instructor before the students are allowed to go on / near the water
<p>Crossing Harbour during operational hours</p>	instructors/clients	<ul style="list-style-type: none"> • Collision with Harbour vessels • Wake from Harbour vessels 	<ul style="list-style-type: none"> • Gather group in front or nearby harbour to cross safely, everyone to get down to knees when crossing in front of the harbour mouth. • Don't cross harbour mouth when any boats are entering or exiting the harbour. • if there is a big wake from boats everyone down to knees to reduce risk of falling from the board. • Hire are not allowed to go beyond the Harbour during operational hours
<p>Equipment failure</p>	Clients/ Instructors	<ul style="list-style-type: none"> • faulty equipment or use of equipment 	<ul style="list-style-type: none"> • All equipment will be checked by the instructor before commencement of the activity and if any damage is found it will be labelled OUT OF USE
<p>Collision with objects</p>	Clients / Staff	<ul style="list-style-type: none"> • Falling of the board • Walking into the water 	<ul style="list-style-type: none"> • Qualified staff and hire staff must appraise clients the suitability of points on

		• Collision with other objects in the water	the site for entry into the water
Slips and trips, falling on objects in the water (e.g. rocks)	Staff and visitors or clients may be injured.	<ul style="list-style-type: none"> • Getting into the water on slippery surfaces (e.g. mud) • Using changing/shower facilities • Falling onto rocks 	<ul style="list-style-type: none"> • Proper briefing on how to get into the water • We carry out general good housekeeping; Staff keep work areas clear • stay on knees when near rocks
Wind	Clients / Instructor	• Blown out into the sea	<ul style="list-style-type: none"> • Assess the condition every day, throughout the day and before starting a lesson • change venue or postpone if needed • always be attached to board by leash
Jellyfish stings	Clients / Instructor	• Falling into the sea, skin contact with jellyfish	<ul style="list-style-type: none"> • Always wear wetsuit • Get out of the water and apply first aid

N.B. This Risk Assessment in no way negates the need for continual dynamic risk assessment

General Comments including Actions Taken/Required:

Signature of Assessor:

